

INTERIM TEST CLARIFICATIONS

One of the priorities of the new Technical Advisory Group will be to undertake a full review of the test structure. Since recent changes to the ISU requirements for program lengths and definition of a jump sequence, interim clarifications are provided to retain as much similarity as possible to the ISU requirements and the NISA Generic Criteria.

The following table shows amendments to the NISA Test Manual to incorporate the current ISU definitions of Jump Sequences and to bring the Free Programs for Levels 8 – 10 in line with the ISU Advanced Novice, Junior and Senior Requirements and as stipulated in the NISA Generic Criteria.

These come into effect immediately and judges should note these on the test papers when officiating test sessions.

Level	Test	Current Requirement	New Requirement
Level 2	Free Skating	A minimum of 1 and a maximum of 2 jump combination or sequence consisting of only 2 single jumps, excluding Axel & Lutz.	A minimum of 1 and a maximum of 2 jump combinations consisting of only 2 single jumps, excluding Axel & Lutz.
Level 3	Free Skating	A minimum of 1 and a maximum of 2 jump combinations or sequences consisting of only 2 single jumps excluding Axels	A minimum of 1 and a maximum of 2 jump combinations consisting of only 2 single jumps excluding Axels.
Level 4	Elements	A jump sequence of 2 jumps maintaining rhythm and flow throughout	A jump sequence of 2 jumps maintaining rhythm and flow throughout The second jump must be an Axel in accordance with the ISU definition of jump sequence

Level	Test	Current Requirement	New Requirement
Level 4	Free Skating	A minimum of 1 and a maximum of 2 jump combinations or sequences consisting of only 2 single jumps.	A minimum of 1 and a maximum of 2 jump combinations or sequences consisting of only 2 single jumps. In a jump sequence, the second jump must be an Axel in accordance with the ISU definition of jump sequence
Level 6	Elements	A jump sequence of 1 double jump and 1 single jump.	A jump sequence of 1 double jump and 1 single jump. In the jump sequence, the second jump must be an Axel in accordance with the ISU definition of jump sequence
Level 6	Free Skating	1 jump combinations or sequence consisting of only 2 jumps in combination. A jump sequence can contain any number of jumps but only the two most difficult jumps will be counted.	1 jump combination or sequence consisting of only 2 jumps In the jump sequence, the second jump must be an Axel in accordance with the ISU definition of jump sequence
Level 7	Elements	A jump sequence minimum 3 jumps to include an Axel. and a double jump can be repeat of 1 or 2)	A jump sequence consisting of 2 jumps to include a Double Jump and an Axel In the jump sequence, the second jump must be an Axel in accordance with the ISU definition of jump sequence
Level 7	Free Skating	2 jump combinations or sequences. Both must contain at least 1 double jump.	2 jump combinations or sequences. Both must contain at least 1 double jump. In the jump sequence, the second jump must be an Axel in accordance with the ISU definition of jump sequence
Level 8	Elements	A jump sequence consisting of a minimum of 3 jumps two of which must be double jumps.	A jump sequence consisting of 2 jumps one of which must be a double jump. In the jump sequence, the second jump must be an Axel in accordance with the ISU definition of jump sequence

Level	Test	Current Requirement	New Requirement
Level 9	Free Skating	<p>For ladies 1 further jump element containing a double jump, either solo in combination or sequence</p> <p>For men 2 further jump element containing a double jump, either solo in combination or sequence.</p>	<p>The Free Program will now be 3 minutes 30 seconds for Men and Ladies</p> <p>Skaters must perform a well-balanced programme with linking steps consisting of 7 jump elements consisting of:</p> <ul style="list-style-type: none"> ▪ 1 double Axel ▪ 3 solo double jumps ▪ 1 jump combination including two double jumps. ▪ 1 further jump element containing a double jump, either solo or in combination or sequence <p>There must be two (2) spins (but not more) of a different nature, one of which must be a spin combination and one must be a flying spin or a spin with a flying entrance.</p> <p>The spin combination must be executed with a minimum of eight (8) revolutions. Flying entrance is not allowed.</p> <p>The flying spin must have a minimum of six (6) revolutions. If the spin with a flying entrance is selected, the spin must be executed with a change of foot and without a change of position with a minimum of eight (8) revolutions.</p> <p>1 step sequence utilizing the full ice surface.</p>

Level	Test	Current Requirement	New Requirement
Level 10	Free Skating	<p>For ladies 1 further jump element containing a double jump, either solo in combination or sequence</p> <p>For men 2 further jump element containing a double jump, either solo in combination or sequence.</p>	<p>The Free Program will now be 4 minutes for Men and Ladies</p> <p>Skaters must perform a well-balanced programme with linking steps consisting of 7 jump elements consisting of</p> <ul style="list-style-type: none"> • A double Axel. • A triple jump. • 3 solo double jumps. • 1 jump combination including two double jumps. • 1 further jump element containing a double jump, either solo, in combination or sequence • Any single or double jump cannot be executed more than twice in total. <p>There must be 3 spins (but not more) with different ISU abbreviations, 1 of which must be a combination spin (min 10 revs), 1 a flying spin or spin with a flying entrance (min 6 revs) and 1 a spin with only 1 basic position (min 6 revs)</p> <p>1 step sequence utilizing the full ice surface.</p>