



FREE DANCE (1 min 30 secs +/- 5 secs) LEVEL FIVE

Rink Test Taken	Test No.	Date of Test
Name of Candidate		NISA Membership No.
Name of Partner		Partner's NISA Membership No.
Judge	Judge's NISA No.	Judge's Signature

GOEs -3 -2 -1 0 +1 +2 +3

	COMMENT	GOE	Re-Skate
1.	STEP SEQUENCE		
2.	SPIN		
3.	TWIZZLES		

Components

P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent

SKATING SKILLS	
PERFORMANCE & EXECUTION	
TRANSITIONS	
CHOREOGRAPHY	
TIMING & INTERPRETATION	
PASS / RETRY (Please circle outcome)	



NATIONAL ICE SKATING ASSOCIATION OF UK – FREE DANCE LEVEL FIVE

Comments: :		Component Levels P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent					
Candidate			Judge			Date	
GOE1	GOE2	GOE3	C1/SKATING SKILLS	C2/PERFORMANCE & EXECUTION	C3/TRANSITIONS	C4/CHOREOGRAPHY	C5/TIMING/INTERPRETATION
TEST OUTCOME: PASS / RETRY							
<i>Officiating Judge -Please circle outcome</i>							
PASS LEVEL REQUIREMENTS		GOE's 1 No minus 3 grades (After Reskates) 2 The total of any minus grades should not exceed -3 (After reskates)			COMPONENTS 1 At least an A or better for Skating Skills 2 A minimum of 2 grades at A, G or E 3 No P grades		